

## Utility of Bowel Nosodes in the Treatment of Chronic Diseases- A Case Series

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## Abstract

**Background:** Bowel Nosodes has been invented since 1920, they are less used by Homoeopathic Practitioners due to limited studies, so this is a small attempt to observe and study the efficacy of Bowel Nosode in Chronic diseases. **Objective:** 1. To identify the utility of Bowel Nosode in Treatment of Chronic Diseases. 2. To identify the commonly prescribed Bowel Nosode. **Methods:** The Case series includes study includes 15 cases of chronic disease, of which all cases were administered the Bowel Nosode selected on the basis of totality of symptoms. Convenience Sampling was done. **Results:** Out of 15 cases 3 cases are improving, 3 cases are not improving and 9 cases are improved. **Conclusion:** Administration of Bowel Nosodes based on totality of symptoms is found to be useful.

**Keywords:** Bowel Nosodes, Chronic diseases, Totality of symptoms

## INTRODUCTION

Bowel Nosodes are the medicines prepared by attenuating the cultures of non-lactose fermenting bacilli of intestinal flora. The concept of bowel nosode was developed first by Dr. Edward Bach (1886-1936) and continued by John Paterson (1850-1955)<sup>(5)</sup> Dr. Bach started investigation about the role of the intestinal bacteria in the pathogenesis of chronic diseases. He found that certain intestinal germs which belong to non lactose fermenting, gram negative coli typhoid group have a close association with pathogenesis of chronic disease. He treated successfully many chronic cases by potentiating various non lactose fermenting bowel bacteria and administering them clinically.<sup>(6)</sup>

## HISTORICAL BACKGROUND:

The credit of this discovery goes to Dr. Edward Bach. In 1925 Dr. Bach and Dr. Charles Wheeler published their work 'Chronic Diseases - A Working Hypothesis'. In 1929 a paper 'The Pathogenesis of Dysentery and the proving of Nosode Dys. Co.' by Thomas<sup>(14)</sup> In 1936- Dr. Paterson presented a paper to British homoeopathic society which was published in their journal of April 1936 under the title 'The potentised Drug and its Action on the Bowel Flora'<sup>(7)</sup> M. Dishington was published. Later Drs. John Paterson and Elizabeth Paterson carried out detailed research work and their papers 'The Bowel Nosodes' and 'A Clinical Survey of the Nosodes' were published in 1950 and 1960 respectively. Simultaneously other physicians who were interested in these medicines brought out number of confirmed therapeutics based on their practical observations. Thus as many as nine remedies were added in our materia medica.<sup>(14)</sup> The basic scientific investigation was exhaustive, although the technical methodologies used by Edward Bach and John Paterson have since been transformed by huge advances in bacteriological methodology<sup>(6)</sup>

## CHRONIC DISEASES:

Dr. Hahnemann in his 6<sup>th</sup> edition of Organon under aphorism number 72 elaborates the gist of both acute and chronic diseases<sup>(2)</sup>

He is of the opinion that the diseases which affect a living being are of two different types according to their onset, progress and recovery from the disease. The diseases which occur suddenly and progress rapidly and terminate their course in a moderate time are referred to as acute diseases. Yet in another type of diseases, the beginnings are often imperceptible, that dynamically derange the health of the organism by overpowering the vital force, which is otherwise preserver of health. The vital force opposes the cause of the disease at the commencement and during the course of illness it loses its energy, paving way for the disease to progress and further derange the health of the individual. These diseases are termed as chronic diseases caused by infection of a Miasm.<sup>(2)</sup>

Chronic Disease is that disease that arise from chronic miasm having

Gradual in onset, Unlimited, life long suffering, which is not extinguished by vital force alone. No tendency to recovery, may continue through next<sup>(1)</sup>

Dr. Hahnemann in his 6<sup>th</sup> Edition of organon classifies chronic diseases into 3 categories<sup>(2)</sup>

Pseudo chronic diseases ( aphorism no 77)

Artificial Diseases ( aphorism no 74,75,76)

True Natural chronic disease ( aphorism no 78)

**REPETITION OF DOSES:**

Dr .John Paterson Recommends not to repeat theBowel Noode Until 3 months

BOWEL NOSODE	PROTOTYPE	THEME
Morgan Pure (Paterson)	Sulphur	Congestion
Morgan Gaertner (Paterson)	Lycopodium clavatum	Inflammatory conditions
Bacillus no.7 (Paterson)	Kalium carbonicum, Iodium	Mental and physical fatigue
Bacillus Gaertner (Bach)	Phosphorus, Silicea terra,Mercurius vivus	Malnutrition
Dysenteriae compound (Bach)	Arsenicum album	Anticipation
Sycotic compound	Thuja occidentalis	Irritability
Bacillus Faecalis (Bach)	Sepia officinalis	Stagnation/ stasis
Bacillus Mutabile (Bach)	Pulsatilla nigricans	Changeability
Bacillus Proteus (Bach)	Natrum muriaticum	Brain storm

**DOSE AND POTENCIES <sup>(1)</sup>:**

- 6C: obvious evidence of advanced pathological conditions, in a dailydose over a period.
- 18C ,30C,200C : marked pathological symptoms the general rule isto employ the lower potencies.
- 1M: With outstanding "mentals" prefer the nosode in 1m potency orhigher.
- 18C is most used by Dr. Will Taylor
- If Patient is sensitive, do not use higher potency. Stay with lowpotency like 12C or 18C.
- Other guidelines same as conventional remedy guidelines

**MIASMATIC PREDOMINANCE <sup>(5)</sup> :**

Psora	Bacillus No.7, Morgan Gaertner, Morgan Pure, Proteus
Sycosis	Bacillus No.10, Dysentery Co.,Faecalis. Morgan Gaertner, Morgan Pure,Proteus, Sycotic Co.
Syphilis	Bacillus No.10, Coccal Co., Dysentery Co., Gaertner(Bach).
Tubercular	Gaertner (Bach), Sycotic Co.

**TYPES OF BOWEL NOSODES:**

**1. BOWEL NOSODES BY DR.BACH<sup>(7)</sup>**

- Bacillus Morgan (Bach)
- Bacillus Proteus (Bach)
- Bacillus Gaertner (Bach)
- Dysentery Compound (Bach)
- Bacillus Mutabile (Bach)
- Bacillus Feacalis (Bach)

**2. COCCUS BACTERIA POTENTISATION<sup>(8)</sup> :**

DR PATERSON potentised the diplococccic intestinal bacteria, similar in nature to Gonorrhoea, associated it with the Sycotic Miasm and successfully used this Sycotic compound to treat the Gonorrhoea .

## METHODS

### Study design

Study design for this research study is a Case Series study.

### Study duration

6 MONTHS with follow up according to therequirement of the case

### Study setting

Dhondumama Homeopathic Medical College and peripheral O.P.D,Pune

### Participants

The inclusion criteria were all ages and both sexes. Patients who were having malignancies,lactating and pregnant women,Pateints suffering fromHIV,AIDS were excluded from the study.

### Sample size

15 Chronic cases with convenience sampling technique

### Statistics

Statistics Reflecting Utility of Bowel Nosodes in treatment of Chronic Diseases

Total Number of cases	Improved	Not Improved
15	12	3

## DISCUSSION

The Study represents the Utility of Bowel nosode in cases of Chronic disease in cases of 15 patient from three study setting i.e., Dhondumama Homoeopathic Medical College OPD,Pheripheral OPD, For this dissertation work we used several tools such as repertory of Bowel Nosode by Russel Mallcom, Materia Medicas such as : Allen's Keynote, Subrata Banerjea's Book of Classical Homeopathy for an Impateint World and P.Sankaran's Indication on Bowel Nosode.

In this study we found that only 9 patients had impact of stress and Sedentary lifestyles out of 15 patients. Total patient for this study is 15 in which 4patients are male and 11 patients are female.

The study is of 15patients for the duration of less than 6 month. Maximum duration of study is 6Months and Minimum duration is of 2 Month and 15 Days.

Out of 15 cases 6 patient are in the age group of 20 -30 years, 5 patients in the age group 30to 40 years, 3 patients in the age group of 40 to 60 years 1 patient of 72years.

4 patients have taken previous treatment from alternative medicine ,with no relief and unresponsive to treatment. 2 pateints had temporary relief with Recurrency of symptoms. For 2 patients Triggering factor is Mental Exertion, for 4 cases Triggering factor is anxiety and apprehension . 2 cases have triggering factor of Workload, for 1 case overthinking, 1 case triggers due to discord between parent and jeaolousy with brother , 1 case due to work stress, 1 case due to anger.

Maximum indicated remedy is Morgan Pure ,Morgan Gaertner ,Dysemtry Co. Bacillus no 7,Sycotic Co and Proteus remedies are respectively prescribed for once inrespective cases.

For this study and medicines are prescribed on the basis of Totality of symptoms.Remedy differentiation and Repertorial totality.

The objective was to find out the commonly prescribed Bowel nosode In treatment ofChronic Disease which was fulfilled.

## CONCLUSION

Thus by our study we conclude that Bowel Nosodes are Effective in Treatment of Chronic diseses.They can be used wisely in overdugging and taken too many alternative treatment. Out of 15 cases 3 cases are improving, 3 cases are not improving and 9 cases are improved .Most common system involved are dermatology and gastrointestinal. Thus the study states that not only excessive over drugging, not responding to to any treatment cases but also new Cases can be solved.

### Medicines prescribed

The medicine Prescribed were : Maximum indicated remedy is Morgan Pure ,MorganGaertner ,Dysemtry Co. Bacillus no 7,Sycotic Co and Proteus remedies are respectively prescribed for once in respective cases.

The most commonly prescribed Medicines was Morgan Pure.

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