

Understanding Kent's Observation by the case of PCOD**Dr.Khuzaim A.L, Deepali Sonar****Abstract**

PCOD, hormonal disorder causing enlarged ovaries with small cyst on outer edge which affects the menstrual cycle, infertility, cardiac function. According to us Department of health and human service between 1 in 10 and 1 in 20 women of child bearing age group has PCOD. In this case patient developed PCOD after the delivery and still suffering even after taking the allopathic treatment.

Case:**Preliminary Data**

Name : Mrs. S. k.
Age : 27
Sex : Female
Occupation : House wife
Religion : Hindu
Marital status : Married
Address : Shivaji Nagar

Presenting Complaints

Amenorrhea since 2-3months
Irregular menses since 5-6 years
Violent pain in iliac region

Personal History

Food: Craving : spicy food
Aversion : Banana
Stool : once / day
Urine : 12times / day
Appetite : Adequate
Thirst : 1 glass / hour
Sleep : sound
Dreams : N.S.
Thermals : Towards hot

Menstrual history:

Menarche : 14-15 years of age
Cycle duration : Gap of 2-3 months
Quantity : clots {1 pad / day}
Days : 2-3 days
Colour : bright red with clots
Character of blood : clotted

Leucorrhoea : Absent
LMP : 18/1/2017

Obstetric history: G1P1A0

Decrease amniotic fluid, Patient had no labour pain, labour induced by medication. Since then menses irregular.

Family History

Father : Hypertension
Mother : Hypertension
Brother : Apparently healthy
Sister : Apparently healthy

General examination:

BP : 130/110 mm of Hg
Pulse : 68/min
Weight : 78 kg Conjunctiva: pale
Tongue : pink and moist, blackish spot on the tongue slightly white coated
Lymph node : not palpable

Systemic examination:

CVS : S1S2 normal
RS : A□B□ clear
P/A : Tenderness in left iliac region.

Mind

Anger ++ (get angry easily) - bol deti hu
Reserved ++ (does not talk to strangers)
Samorun koni bolal tarch mi bolya jate
Contradiction aggravate (contradiction intolerance to)
Likes to be alone (company aversion to)
Fastidious
Wants everything of good quality
Nausea by smell of banana
Khot bolele sahan hot nahi

Investigation and Reports

TSH level -
USG report: decrease in level of amniotic fluid

Differential diagnosis:

PCOD
PCOS
Hyperthyroidism

REMEDY PRESCRIPTION:

Rx- Aurum met 200 1 dose

sac lac for 7 das

FOLLOW UP**22/3/17**

Mild pain in iliac region

Swelling all over the body

Left knee pain < sitting, lying ,Nas odhlya gelya sarkh vatat

USG: Left renal calculus 5mm

Both ovary are bulky

Oth pandhre padtat zope madhun uthlya nanter ani korde padtat

Pot madhe kala yetat madhun madhun

Menses aane ke baad halka lagta hai

Menses nahi aale ki sharir jad vatate ani zop yete aalas yeto

Pulse 80/min

BP: 140/90 mm of hg

Abdominal Pain on deep palpation

Wt. 78.7 kg

Rx-

Nux vomica 200 3 doses

Sac Lac 30 TDS

Calc. Flour 6x 2 tab

19/04/17

-Absence of menses since 3month

LMP-18/01/17

Swelling over the body (jab menses nahi aata hai tab hota hai)

No pain in abdomen.

No pain in leg and heel.

Rx-Nux vomica 200 3doses 8hourly

Sac lac 30

28/06/17

98% relief from previous complaints.

Profuse menstrual flow with clots dark colour from 23rd may(flow continue).

Swelling reduced effectively.

No pain in abdomen.

Observation:

We observed that- After the administration of the Aurum met. 200, patient developed the new symptom which were neither related to disease and nor to the medicine. It happened because of the wrong medicine in higher potency given so in the next follow up Nux Vomica was given which was based on the acute totality of newly appeared symptoms and old symptoms , after that few symptoms got relieved. New medicine prescribed with the reference of aphorism 167 stated in Organon of Medicine.

Interpretation:

After the 1st prescription, patient developed new symptoms. So we interpreted that this is 10th observation of Dr. Kent, so according to this we have to given a more suitable new remedy.

Second prescription:

According to type “change of remedy-appearance of striking new group of symptom leading an entire change of base of symptoms” Remedy changed to the Nux vomica from Aurum met.