

Evidence Based Homoeopathy: Case Report On Urticaria**Dr. Surabhi K. Chitre (PG scholar)****Abstract:-**

Urticaria (hive) is transient lesion that is composed of central wheal surrounded by an erythematous face. Urticaria (hives) consist of pruritic / edematous, erythematous blanching papules that are round / oval shape, have pale, raised centers (wheals) are several millimeter to a few centimeter in size, and are transient lasting minutes to days.^[1]

Episodes daily or almost daily symptoms or recurrent hives over a period of considered acute, those lasting longer are said to be chronic.^[1]

Epidemiology: - Urticaria occurs is 15% to 20% of individuals, sometimes during their lives can affect both genders and all faces. Acute urticaria is more common in young adults and children.^[1]

Key words:- case report, urticaria, medorrhinum, antim crude., homoeopathy.

Case report : A 10 years old male child came with the complaint of Itching of the whole body < exposure to dust, Swelling of the lips, small eruptions on the body, eruptions with redness and no burning, no scaling, catch cold and cough frequently < Change of weather, exposure to cold climate, taking cold food and drinks, exposure to dust

Past History of Typhoid

Family History of Mother: Urticaria, Grandfather: HTN, Cancer, Grandmother: R.A., Heart Complaints

Physical Generals

- **Desires:** Cottage cheese, Potatoes, Chocolates, Sweets, ice-cream, Fruits, Cold drinks and
- Cold food
- **Aversion:** Not specific
- **Perspiration:** Face **Stool:** Nothing specific
- **Urine:** Nothing specific
- **Sleep:** -Sleeps on abdomen and occasionally on sides and sleep refreshing
- **Dreams:** ---
- **Mind:** -Average in studies
 - Restless -Loquacious
 - Naughty -Hyperactive child
 - Loves science -Fear of dogs
 - Fear of dark -Loves sports

Diagnosis:

- Urticaria
- Tendency to catch cold
- Allergic constitution **Current Medication:** Cetirizine, 1 tablet once a day

24/09/2016	Urticaria episodes better, itching reduced, advised to stop cetirizine	Medorrhinum 200C 4 drops T.D.S.
22/10/2016	There was a gap in taking medicines, yet urticaria was under control, itching was better, 1 acute episode was seen	Medorrhinum 200C 4 drops T.D.S.
19/11/2016	There was a gap in taking medicines, yet urticaria was under control,	Medorrhinum 200C 4 drops T.D.S.
22/11/2016	There was a gap in taking medicines, yet urticaria was under control, acute episode mild after exposure to dust	Medorrhinum 200C 4 drops T.D.S. Antim Crude 30 during acute episodes sos 4 drops T.D.S
07/01/2017	2 acute episodes were seen in spite of a gap in medicines, no itching, cetirizine completely stopped	Antim crude 30C sos 4 drops T.D.S Medorrhinum 200C 4 drops T.D.S.

Conclusion:-

A Case report presented with photographic evidence which directs to positive role of effectiveness of homoeopathic medicines Medorrhinum and Antim Crude in urticaria and homoeopathy as a medicine to reduce the dosages of habit forming dependent medicines. However, a case series/ clinical trial study is required to access the results of Antim Crude in cases of urticaria as a specific palliative.

Discussion: -

Homoeopathy has a very good role in reducing the sufferings of patients presenting with the complaints of Urticaria and is a best alternative to reduce the dosages of habit forming medicines which can only palliate the condition and not cure it.

References: -

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