

ALLIUM SATIVA - Case Report**Kamlesh Bagmar M.D. (Hom.) (Schol.)¹ Prasad Saundankar² B.H.M.S.****Abstract:**

Introduction: This case is illustration of Allium Sativa, a neglected¹ used Indian drug along with characteristic of Liliaceae family. And it's also an attempt to share importance of correlating Mind and Body in understanding the drug through applied way.

Key words: Allium Sativa, Liliaceae

Case Presentation: This 35 year old female had big gumboil for which she consulted dentist. Dentist advised to do surgical procedure after swelling and infection get reduced. She took prescribed antibiotics and analgesics for two days. Afterwards she complained of abdominal pain⁺⁺, with desire to press with temporary amelioration, loss of appetite, eructation. She said now I have no daring to take that medicine. She requested to give homoeopathic medicine as she had experience about Homoeopathic Medicines as harmless and without adverse effects. She once again told as she has lot of trouble from previous medication. She started getting stool urge frequently along with burning in chest. Despite of this yesterday she had Vadapav (farinaceous food), after which her stomach upset got increased. On examination per abdomen vague tenderness, afebrile, no signs of dehydration noted.

Analysis of Case: Commonly patient coming with gastro intestinal disturbance after Antibiotic / Allopathic management we think to prescribe Nux Vomica as reflected in HMM and Repertory with high grades.

Generals - History; personal - medicine; of abuse of allopathic

Generals - Medicine - allopathic - abuse of

Generals - Medicine - allopathic - oversensitive to²

To correlate body and mind will give us Complete understanding of Applied HMM in this case.

Body:

Stomach - Indigestion - diet; from errors in – Physical, Particular, Characteristic, Causative Modality.

Abdomen - Flora; intestinal - complaints of only drug mentioned is Allium s. (We all know that antibiotics cause disruption in normal intestinal bacterial flora).

Abdomen - Inflammation - Colon - flora; with pathological intestinal all-s. - Physical Particular Expression for the cause.

Abdomen - Pain - sitting - bent forward - amel. - pressing pain All-s.- Physical Particular characteristic modality

Stomach – Heartburn; Stomach – Heaviness; Stomach – Indigestion² Physical particular common pathogonomic expression.

Mind: Commonly we consider Delusion Poisoned as affected by medicinal effects. But Delusional rubric has minimal role in prescribing when a person actually has suffered from medicine. Whereas we can consider this response in terms of fear as the stimulus (medicine) is available.

Mind - Fear – medicine

Mind - Fear - medicine - taking too much medicine; fear of

Mind - Fear - poisoned - being poisoned; fear of

Mind – Gourmand² (As in spite of her Gastro intestinal upset she had Vadapav) Mental, general, characteristic, concomitant.

Mind and Body: Mind – Gourmand and Stomach - Indigestion - diet; from errors. A person who enjoys eating and often eats too much is Gourmand and he is the one who likely will have indigestion or stomach upset.

Management and Outcome:

Allium Sativa 30 three doses, eight hourly was prescribed for a day and she felt better not only for her Gastro Intestinal symptoms like abdominal pain, loss of appetite, eructation and properly formed stool but also her Gumboil disappeared.

Discussion:

Allium sativa is of great help to a Homoeopath when patient consumes allopathic medicines and has side effects of it with fear of taking further medication.

References:

1. Vithoulkas G., *Materia Medica Viva*
2. Schryons F., *RADAR 9.0*

Liliaceae Family and its indications: As a human being evolved from his animal ancestors he learnt to control his instincts; the wild uncontrolled animal side of his became more controlled, civilized, moral and spiritual, seeking salvation ultimately. But along with it he was gifted with the feelings of guilt, feelings of a criminal or a sinner or a doom if he behaved otherwise. From ancient times garlic and onions are prohibited for religious and moral people. They are considered below dignity or vulgar or impure if used in diet. (Roman and Greek History). Hinduism and Jainism also believe that the substance like Garlic and onion produce more devil like' (Tamas Satva) qualities in humans and 'divine' qualities do not develop so abstain from eating. Thus the drugs in Liliaceae family (Allium Sativa, Allium Cepa, Aloes Soc., Lili. Tig., Veratrum Alb., Veratrum Vir.) revolves around the tug of war between the pure and the impure, the divine and the devil, the moral and the immoral aspects of our existence and when either side becomes more powerful the indications for Liliaceae become clearer.

HMM indications:

Allium sativum: Common name-Hindi Lasoon; Marathi Lasnoo; English Garlic Chemical composition: An acrid volatile oil, starch, mucilage, albumen, sugar and little Potassium. Why the name 'Rason'? as it contains five other juices except acid juice; so, consuming acidic food after taking garlic is effective; It has five tastes at the same time, viz. sweetness, saltiness, metallic taste, pungency and bitterness which are helpful in increasing digestive power, strength and merit. It is also nutritious, refreshing and purgative. Garlic in appropriate quantity removes chronic dyspepsia, flatulence, colic pain. The pod or flake sex exciting, antiphlegmatic, febrifuge, anthelmintic; also effective in heart disease and dropsy.

(Banerjee P., *Materia Medica of Indian Drugs*)

Therapeutic actions: Garlic gives warmth and is a digestive agent. It prevents flatulence, colicky pain and is diuretic. It is a tonic and useful in case of irregular menstruation; extract is invaluable remedy for earache and other ear diseases. It has anthelmintic action and prescribed in asthma, paralysis, gout, rheumatic fever, neuralgia, epilepsy, and dropsy. **(Charak)**

It is the garlic of our everyday use and is adapted to high livers and fleshy people who consume an enormous quantity of food and suffer from indigestion as a result of their gluttony. Their bowels are apt to be disturbed by the slightest deviation in diet. The least change in their usual manner of living increases the dyspepsia. Heartburn, belching, copious flow of saliva after eating, wind colic, great distension and pressure in epigastrium and transverse colon are important symptoms. **(N. M. Choudhary)**

Arsenicum album's complementary remedies are Phosphorus and Allium sativa. **(E. A. Farrington)**

Allium sativum is another remedy to be classed among the neglected remedies in our Materia Medica. I consider it to be an important and valuable remedy in certain cases for which Bryonia, Kali bichromicum, Sulphur, Lachesis, belladonna etc. are given today. **(G.Vitholkus)**