

A Case Report of Leucorrhoea

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Abstract

Leucorrhoea is an abhorrent condition, experienced by many women. This is a case report of a patient suffering from Leucorrhoea, treated with homoeopathic medicine. Followed by Homoeopathic case taking and based on the totality of symptoms Sepia was prescribed in accordance with the principles of homoeopathy. The patient got relieved of the condition, which shows the efficacy of Sepia, Homeopathic medicine in treatment of Leucorrhoea.

Keyword: Leucorrhoea, homeopathy, Sepia.

Introduction: Leucorrhoea is strictly defined as an excessive normal vaginal discharge. The symptoms of excessiveness are subjective to individual variation. The term Leucorrhoea should fulfil the following criteria: 1

The excess secretion is evident from persistent vulval moistness or staining of the undergarments (brownish yellow on drying) or need to wear a vulval pad. It is non-purulent and non-offensive. It is non-irritant and never causes pruritus.

Methodology:

A detailed case history of the patient was taken and the medicine had been selected on the basis of totality of symptoms. Follow up of the case had been taken at regular intervals.

Case:

A 21 year Female, Mrs. A S. Married, Housewife, Came on Date: 14/10/2016 with complaints of Leucorrhoea since 1-1 ½ years with creamy yellowish thick moderate discharge having no smell with generalized weakness which is aggravated during exertion and better by rest and having burning micturition since one month.

Generals:

Her appetite was good. She has desire for sour, spicy food and thirst is of moderate amount. Bowel movements are normal. She has regular menses. With complaints of Leucorrhoea since 1-1 ½ years with creamy yellowish thick moderate discharge having no smell. Thermal reaction of patient is chilly. There was a general feeling of weakness. Past History was nothing specific. Per Vaginal examination: Vulva: Healthy, Vagina: Inflamed, Discharges- Thick, creamy, yellowish, Cervix: Healthy.

Mentals :

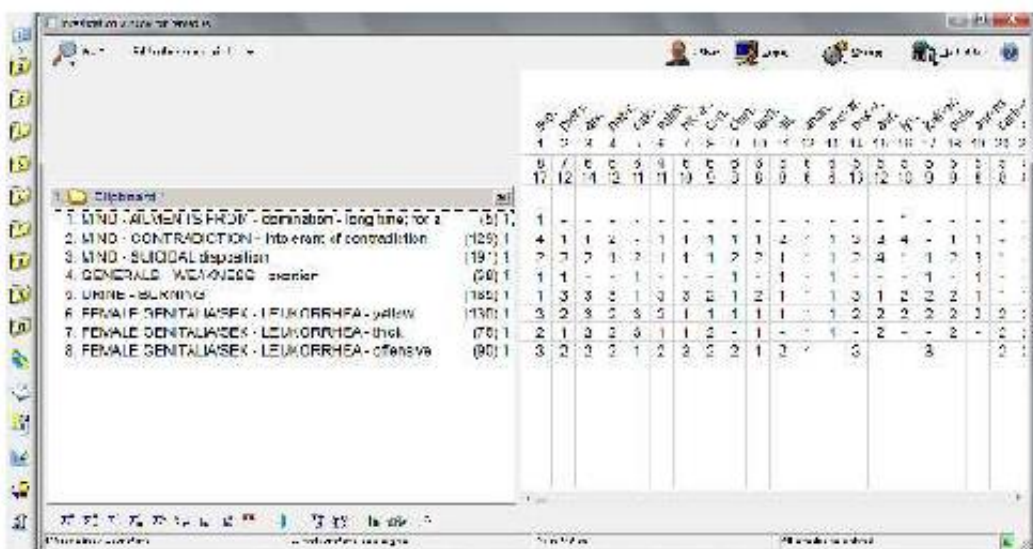
She was a well-mannered house wife not much communicative in nature. She said her complaints started after domination by mother in law in the family. She is always having tension at home related to family issues because of which she wants to commit suicide. She gets angry when anything happens against her wish. Gets angry when contradicted by anyone

Evaluation :

a)Mentalgeneral: - A/F: Domination by mother in law Get angry when contradicted by anyone Want to commit suicide due to tension b) Physical generals:- Thermally: Chilly, Generalized weakness c) Particulars:- Leucorrhoea, thick, Creamy, yellowish in color Urine, burning, hot.

Rubric selection-3

- Mind: A/F domination by others, along history of
- Mind: Suicidal disposition -
- Urine, burning, hot
- Female genitalia, Leucorrhoea, thick, creamy
- Mind: contradiction intolerant of
- Generalities: Weakness decreases by exertion
- Female genitalia, Leucorrhoea, yellow
- Female genitalia, Leucorrhoea, offensive



Prescription-(14/10/2016) _Sepia 200 1 dose, Rubrum30TDS for 15 days

Follow Up:

Date	Complaints	Prescription
2/11/2016	Thirst- Adequate. Appetite- Good. Burning during urination reduced. Weakness reduced.Leucorrhoea quantity decreased.	-Sac lac 1 dose. - Rubrum TDS for 15 days.
20/11/2016	Mentally feeling fresh. Thirst- Adequate. Appetite- Good.Burning during urination reduced. Weakness reduced.Leucorrhoea quantity decreased.	-Sac lac 1 dose. - Rubrum TDS for 15 days.
2/12/2016	Thirst- Adequate.Appetite- Good. No burning during urination.Leucorrhoea decreased in quantity which is yellowish and bland.	-Sac lac 1 dose. - Rubrum TDS for 15 days.
18/12/2016	Thirst- Adequate. Appetite- Good. No burning during urination. No complaints of Leucorrhoea.	---

Discussion: Patient was prescribed with sepia 200 considering her mental physical and particulars. Regular follow up was taken and during the follow the patient showed steady improvement in her condition. Initially burning urination was relieved. The Leucorrhoea became bland and there was also reduction in quantity of discharge. After two months of treatment the patient is completely relieved of the Leucorrhoea.

Conclusion: In this case Sepia 200 when given on the basis of symptom similarity relieved the patient of Leucorrhoea.

References :

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