

## Mercurius Solubilis- a case report

**Dr. Virendra Jain. (MD) and Dr. Priyanka Rawal (PG Scholar)**

**Abstract-** This article is an attempt to share the importance of physician's attention and observation during case taking. Whenever we take case, patient always gives you one outstanding feature about his/her suffering and to catch that, your accurate observation with complete attention is a must. In this case, though we have taken his whole case, he gave characteristic causative modality of his eye complaints i.e complaints were started after exposure to welding flames and we got that outstanding feature which is of highest priority here. Mercurius Solubilis is of great help to Homoeopaths when the patient has complaints after exposure to glares of fire or welding flares.

**Keywords-** Mercurius Solubilis, Causative modality.

**Methodology-** A detailed case history of patient was taken and medicine had been selected on the basis of totality of symptom. Follow up had been taken on regular intervals.

**History of case-** A 80 years old male patient Mr. Shivaji Pundlik Sonawane came to the OPD on 01/01/2022 with a complaints of dim vision since one month after exposure to welding flames. He also had complaints of eye pain, blurred vision, illusion of black spots floating in front of eyes. His Ophthalmologist suggested surgery.

**Generals-** He was vegetarian. His appetite was good. He had desire for apple and aversion to tomato. His thirst was good, 2-3 lit/day. He had constipation. Nothing specific of perspiration. Sleep disturbed due to dreams, but dreams not remembered. Frequent urination in night time. He takes bath with hot water and need 3 coverings in winter season. Aversion to fan and open air. No complaints of cloudy weather. No bad habits. He couldn't tolerate extreme warmth or extreme cold atmosphere.

**Family History-** No major history of illness in family.

**Past History-** Hernia, Ureteric stone and operated for cataract in both eyes 8 years back.

**Mentals-** Since childhood to 50 years of life was crucial and lot of hard work. He had anxiety with fear. He was very obstinate (headstrong), wants things according to him. Despite of old age his memory was good.

**Analysis of case-** Patient came with the presenting complaints of dim vision after exposure to welding flames. In this case, causative factor is of highest priority. As related in Homoeopathic Materia Medica and Repertory with high grades we prescribed him Mercurius Solubilis.

- 1) Mind-Anxiety- fear, with-
- 2) Mind- Obstinate, (headstrong)
- 3) Generals- Urination frequent night

- 4) Generals-Constipation(old people in)
- 5) Generals- Disturbed, sleep dreams, by
- 6) Vision, dim blurred

(Physical-particular-characteristic)

**7) Eyeballs- bad effects from glare of fire**

(physical-particular-characteristic-causative modality)

- 8) Eye- pain from glare of light<

(physical-particular-characteristic)

- 9) Vision- illusion, points, black

(physical-particular-characteristic)

|                        | Merc | Calc | Chin | Con | Nit-ac | Phos | Sulph | Caust | Dig | Hep |
|------------------------|------|------|------|-----|--------|------|-------|-------|-----|-----|
| <b>Weighted</b>        | 17   | 17   | 11   | 14  | 14     | 12   | 12    | 14    | 8   | 10  |
| <b>Rubrics covered</b> | 9    | 7    | 7    | 7   | 7      | 7    | 7     | 8     | 6   | 6   |
| <b>Rubric grades</b>   | 17   | 17   | 11   | 14  | 14     | 12   | 12    | 14    | 8   | 10  |
| <b>M</b> Mentals       | 2    | 2    | 2    | 1   | 2      | 2    | 1     | 3     | 2   | 2   |
| <b>CS</b> Mentals      | 1    | 3    | 2    |     | 2      | 1    | 2     | 2     | 1   | 2   |
| <b>CS</b> Bladder      | 3    | 3    | 1    | 2   | 2      | 1    | 3     | 2     | 1   | 1   |
| <b>CS</b> Rectum       | 2    | 3    | 2    | 3   | 3      | 3    | 3     | 3     | 2   | 1   |
| <b>M</b> Sleep         | 1    | 3    | 2    | 2   | 1      | 2    | 1     | 1     | 1   | 2   |
| <b>Pr</b> Phatak       | 1    | 2    | 1    | 1   | 1      | 2    | 1     | 3     |     | 2   |
| <b>Bx</b> Eye          | 2    |      |      |     |        |      |       |       |     |     |
| <b>Bx</b> Eye          | 2    |      |      | 2   |        |      |       |       |     |     |
| <b>Bx</b> Eye          | 3    | 1    | 1    | 3   | 3      | 1    | 1     |       | 1   |     |

ANXIETY fear, with  
 OBSTINATE, (HEADSTRONG)  
 URINATION-FREQUENT NIGHT  
 CONSTIPATION, (In General)  
 DISTURBED, sleep dreams, by  
 VISION, DIM BLURRED  
 EYE BALLS, BAD EFFECTS FROM GLARE OF FIRE  
 PAIN, FROM GLARE OF LIGHT <  
 VISION: ILLUSIONS: POINTS, BLACK:

**Prescription-** (01/01/2022)

Mercurius solubilis 1M (3 doses for 3 days)

SL200 (3 pills TDS for 15days)

**Potency-** According to complaints of patient, his susceptibility and symptom similarity with the remedy, 1M potency was prescribed.

**Follow up-** (21/01/2022)

Vision for long sight improved 70-75%. Floating dark spots in front of eyes reduced.  
 Blurred vision for near objects as it is. Sleep improved than before. Thirst was good.  
 Urine frequency in night reduced.

Rx SL 200 (3-3-3) for 15 days.

**Follow up-** (6/02/2022)

Vision improved for both long and near sight. Blurred vision for near objects improved.  
 Generalized weakness due to old age. No other complaint at present.

Rx SL 200 (3-0-3) for 7 days

Five Phos 6x (3-3-3) for 1 month

**Discussion-** Patient was prescribed with Mercurius Solubilis 1M considering his susceptibility, mental and physical symptoms and symptom similarity with remedy. Regular follow up was taken. When patient came for follow up he stated that his vision for long sight improved 70%. Hence only SL was given and no repetition of medicine.

When he came for next follow up his sight for near object were also improved. At that time he only complained about generalized weakness so five phos was prescribed along with SL.

**Conclusion-** On the basis of patient's presenting complaints and causative modality i.e dim and blurred vision due to exposure to flares of welding, Mercurius Solubilis remedy was selected. During the follow up, patient showed steady improvement in his condition. Initially his vision for long sight was improved, his sleep improved, frequent urination reduced. And then in second follow up his vision for near objects were also improved. In this case Mercurius Solubilis worked very well.

### **Homoeopathic Materia Medica Indications**

#### **Mercurius Solubilis**

Common name- Quick silver

Best adapted for light-haired persons; skin and muscles lax.

Characteristic symptoms of the remedy-

Mercury is used in testing the temperature, and a Merc. constitution is just as changeable and sensitive to heat and cold. The patient is worse from the extremes of temperature, worse from both heat and cold. Both the symptoms and the patient are worse in a warm atmosphere, worse in the open air, and worse in the cold.

Merc. Is the wonderful eye remedy. Floating black spots. After exposure to glare of fire; foundrymen. Pressure in eyes, as from sand, principally when fixing the attention on any object. Excessive sensitiveness of eyes to light, and to brightness of the fire. Firelight dazzles eyes greatly.

Amblyopia and confused sight, as in looking through a mist (periodical loss of sight); momentary loss of sight; black points, hovering flies, flames and sparks before eyes.

#### **References-**

- 1) GARTH W. BORICK: BORICK'S New Manual of Homoeopathic MATERIA MEDICA with REPERTORY, *published by B. Jain, third edition; ISBN-10-813190184X*
- 2) KENT J T: Lectures on Homoeopathy Materia Medica, *published by B. Jain publisher.*
- 3) BOGER VAN ZNDERVOORT: Complete Repertory
- 4) S. R. PHATAK: A Concise Repertory of Homoeopathic Medicines
- 5) Synthesis 9.0 Repertory Radar 10