

**International Seminar on Homoeopathy and Auxiliary therapies in
Oncology- ISHATO 2019****S.Yadav,G.B. Prasad, M. Gharte,V.Zodgekar, R. Patharkar, S.Nair****Abstract**

The first International Seminar on Homoeopathy and Auxiliary therapies in Oncology was held with a vision and mission to bring the collective thinking on one platform and to evolve a suitable multidisciplinary protocol for treatment of cancer patients, to help them overcome pain and emerge stronger, livelier and happier! The seminar had 16 interactive sessions of Cancer Research and treatment protocols on 15th, 16th and 17th February, 2019. The seminar witnessed about 300 delegates includes Homoeopathy researchers, Practitioners, academicians and P.G. scholars. The Key note speakers were Molecular Biology scientists, International Homoeopathic practitioners, Natural therapist, Ayurvedic therapists and expert in pranic healing. The key note presentations delivered information on recent Molecular biology research on Cancer stem cells and challenges in treatment of cancer. Different protocols of cancer management through Homoeopathic medicines were highlighted. The utility of natural therapeutic agents, modern views of Ayurvedic treatment and auxiliary therapies were also presented by the experts.

Key words: Ayurveda, Cancer, Homoeopathy. Multidisciplinary protocol, Natural therapy, Seminar.

Inauguration:

The seminar was inaugurated on 15th February, 2019 by the Chairman of ISHATO scientific committee professor Dr. Farokh Master, principal of Motiwala Homoeopathic Medical college & Hospital, Dr. F. F. Motiwala, trustee of Motiwala Education Welfare Trust Dr. Mrs. A.F.Motiwala, Convener of Research cell Dr. T.K.Kundu, international Homoeopath Dr. Guy Koklenberg, Senior Research Scientists Professor Gourishankar Sa and Professor Tanaya Das. The seminar witnessed about 300 delegates including Homoeopathy researchers, Practitioners, academicians and P.G. scholars.

The proceedings began with the traditional lighting of the lamp by the dignitaries on the dais. The Humble principal Dr. F.F. Motiwala, in his inaugural address, opined that the science of Homoeopathy and auxiliary therapies should be aligned with the conventional treatment of cancer. He highlighted the importance of patient centric approach to the treatment of cancer as an idea behind the seminar. He declared that three consecutive annual seminars will be able to prepare a comprehensive protocol for treatment of cancer.

Dr. A. F. Motiwala informed the gathering that the best treatment to cancer is to support the patients emotionally and spiritually along with the medicines and therapies.

The seminar had 16 interactive sessions on the following aspects of Cancer Research and treatment protocols on 15th,16th and 17th February,2019.

1. Fundamental researches with Homoeopathy in Cancer
2. Non invasive investigations and scope of surgical interventions
3. Homoeopathic approach to treatment of Cancer

4. Nutritional therapy in Cancer
5. Mistletoe therapy in Cancer
6. Ayurvedic treatment for Cancer
7. Auxiliary therapy- Pranic Healing in Cancer
8. German New Medicine for treatment of Cancer

1. Fundamental researches with Homoeopathy in Cancer Professor Gourishankar Sa, senior scientist at Bose institute Kolkata, shared the mechanism of cancer development by different immune escape strategies of cancer cells. Through these strategies cancer cells suppress the anti-tumor immunity of the host. He elaborated on the role of T-regulatory cell programming and reasons for failure of immunotherapy with scientific evidences. He explained the importance of high glucose diet before chemotherapy. He explained about the encouraging results of Homoeopathic medicines calcarea carbonicum and Sulphur in vivo & vitro in multidrug resistance triple negative breast carcinoma and Nonsmall cell lung carcinoma respectively.

Professor Dr. Tanaya Das senior scientist at Bose institute Kolkata has elaborate on recent “Cancer Stem Cell Theory”. She presented that a small population of breast cancer cells always escaped even the lethal doses of chemotherapeutic drug. Cancer development is due to rise of population of cells, termed “cancer stem cells (CSCs)” that survive initiates and sustains the disease. Tumors are organized in hierarchical manner with CSCs having the ability to self renew and also to undergo asymmetrical division, giving rise to a differentiated progeny that represents most of the tumor cell populations. Her present study she presented that a small population of breast cancer cells always escaped even the lethal doses of chemotherapeutic drug. Curcumin, Capsaicin, Thuja were seen to inhibit angiogenesis in cancer tissue and induce apoptosis in cancer cells. Dr Das laid an hypothesis that homoeopathic medicines have capability to change the micro-environment in which cancer tissue survives. She also said that certain medicines like Thuja have direct effect on tissue cancer cells.

2. Non invasive investigations and scope of surgical interventions

Dr. Raj V. Nagarkar, Surgical Oncologist and chairman, HCG Manavata Cancer Care Centre, Nashik has presented statistical data of prevalence of Cancer in global and Indian perspective. He said that in India 78 out of 1000 people are diagnosed to have cancer according to recent statistics. He attributed cancer to life style and disease related according to food habits and habit like tobacco chewing and smoking which alone is responsible for 33% of cancer incidence. He elaborated on warning signs of cancer that indicate for thorough investigation. He said that PET-CT scan is the new Non- invasive diagnostic modality that captures image of organ and cell activity. Liquid biopsy (Blood) detects circulating tumor cells but all tumors do not shed circulating tumor cells. He informed the participants that the surgery has evolved to the level of precision by organ preserving surgery, laparoscopic surgery, and robotic surgery. He also informed that the present day chemotherapy agents are plant derivatives. He congratulated the organizers for conducting this multi disciplinary seminar. He said that multidisciplinary team of likeminded professionals can reduce the cancer mortality rate by about 18 percent.

3. Homoeopathic approach to treatment of Cancer:

Dr. Guy Koklenberg, who is a MD in allied medicine practicing Homoeopathy in Belgium was an international speaker said that there are pre cancerous symptoms and hypothetically stated that Hypertension may be one of the first symptom. He said allergies may be the first signs of Cancer. He said Oxygen, minerals, vitamins, oligoelements, love and affection; support and society play a role in health and disease. He advocated avoidance of excess in every aspect. Excess of amusement (abuse of party, drugs, tobacco etc.), Over stimulation of CNS by noise and light, over use of cell phones, social media like Face book, whatsapp, Television all are carcinogenic.

He opined the Homoeopathic approach to cancer depends on when the patient approaches a Homoeopath pre operative or Post operative to surgery, pre or post chemotherapy, pre or post Radiotherapy. He stressed on Materia Medica approach to treatment of cancer cases. He presented his approach to treatment of his cases of Non- Hodgkin lymphoma and the other a Prostatic cancer. He very lucidly differentiated many closely related Homoeopathic remedies. Dr. Anwar Ansari showed evidence based treatment of cancer. He demonstrated through his treated cases of cancer of neuroblastoma in an infant, Non Hodgkin's lymphoma after 6

cycles of radiation therapy, Cancer of Larynx and Bronchogenic Carcinoma with spleen carcinoma. He emphasized on strict adherence to the guidelines given by Master Hahnemann in his Organon of Medicine. He has quoted the importance of Aphorism 246 of Organon of Medicine regarding fifty millesimal potency applications.

Dr Farokh Master opened up his presentation with a case of Intramedullary Space occupying lesion from C1 to C3 spinal segments. Patient was treated with Homoeopathic remedy Natrum Muriaticum followed by Heroinum 30 in five cup method of dispensing. He gave live case demonstration of approach to treatment of cancer. Two patients interacted by Dr. Farokh Master and showed his method of analysis and evaluation of cases of cancer. He used his unique five cup method of dispensing Homoeopathic medicine and said is available on YouTube. A case of infiltrating ductal carcinoma of right breast grade III was also presented by him. The case was operated and underwent chemo and radiotherapies following brain metastasis which also got operated and radiotherapy given. Still the patient had residual metastasis. The case improved dramatically with Homoeopathic medicine Helleborus Niger. He explained how he led to prescription of the remedy Helleborus Niger in fifty millesimal potency with five cup method of dispensing.

Dr Asher shaikh an Alumni and Professor of Motiwala Homoeopathic Medical College who is a renowned practitioner of Homoeopathy in Nashik shared his clinical experience in treating cancer cases and other diseases. His impressive way of presentation magnetized the young audience.

4. Nutritional therapy in Cancer:

Dr. Manuela Boyle is an Australian Integrative Oncologist spoke about use of intravenous nutrients in management of cancer. She told that intravenous therapies are as adjuvant cancer therapies. Intravenous Vitamin-C, 0.5gm/kg body weight is given to patients without significant side effects. Intravenous Vitamin-C works by arresting cell division cycle and prevents its spread. Vitamin-C enhances immunity and hence the patients tolerate Chemotherapy better. In subsequent session of hers she presented on importance of multidisciplinary integrative approach to the treatment of Cancer. She said that in Cancer

care all is for the patient. She said in her Australian Medical Centre likeminded professional are making an integrative approach to treatment of Cancer patients under one roof. A definitive protocol agreed by all disciplines involved in treatment of cancer unanimously is implemented for the benefit of patients.

5. Mistletoe therapy in Cancer: Dr. Zubin Marolia is a Homoeopath from Mumbai, who has presented a case of Breast cancer treated with Homoeopathic remedy Dolichos 30, along with Myria mother tincture and concurrent use of Mistletoe. He has also presented a case of ovarian cancer with Mistletoe therapy. He mentioned that Mistletoe increases the endurance of patients to the surgery, Radiotherapy, Hormonal therapy, and other Natural remedies of cancer treatment. He recommended Mistletoe therapy as it is known to produce apoptosis of cancer cells, strengthen immune system, reduces side-effects of chemotherapy and radiation. He opined that Mistletoe improves quality of life in advanced/terminally ill cancer cases.

6. Ayurvedic treatment for Cancer:

Dr. Akhlesh Bhargava of Government Ashtang Ayurved College, Indore, dealt with management of cancer wounds with Ayurvedic medicines through his presentation. He stressed about conduct of cancer awareness programs for prevention and early detection. He shared about the results of “Jatayadi ghrita” clinical trial conducted on Cancer wounds.

Dr. Devdatta Deshmukh, of ASS Ayurved College, Nashik gave an account of mention of panchagavya treatment in Ancient Ayurved literature. Panchagavya is a derivative of cow milk, cow curd, cow ghee, and cow urine and cow dung. Panchagavya treatment is a way of treatment and detoxification of human body by changing simple dietary and life style modifications.

7. Auxiliary therapy- Relevance of Pranic Healing in Cancer:

Pranic healing or life force according to her improves a wide range of physical and psychological ailments. It works on the energy body called as bioplasmic body. Energy body has energy centers called as Chakras, which has physical and psychological functions. Due to physical problem or any psychological problem such as stress, tension and arguments leads to imbalance aura. Since the physical and energy body are inter related what affect one, affect the other. Pranic healing uses a simple technique that involves no touching, no drug.

8. German New Medicine for treatment of Cancer:

Principal Professor Dr. Farooq Motiwala explained how German New Medicine can help Cancer patients recover quickly and surely from the dreaded disease. He said that Dr. Ryke Geerd Hamer, Germany, founded the G N M in 1979. The German New Medicine is based on the nature of disease on universal biological principles and on the interaction between the three levels that make up the organism: the psyche, the brain and the organ. The principles explain five biological laws. He explained about the first biological law which deals with the biological conflict. He said according to GNM like Homoeopathy any psychological trauma has to fulfill three criteria's to term it as a Biological conflict. The trauma should be highly acute, Dramatic and an isolated conflict shock. This conflict happens on all three levels simultaneously.

The conflict causes Hammer Herd in specific related areas of brain forming concentric circles seen in CT scan of the patient. He explained the active conflict causes cold palm of Hand and the conflict resolution

brings back the warmth. He correlated conflicts and diseases affecting the germ layers of development and the organs derived. Ectoderm is affected in separation conflict, Mesoderm is affected in self devaluation conflict and the morsel conflict affects Endoderm, he added. He correlated Aphorism 149 of Organon of Medicine sixth edition with the first biological law of GNM.

Future Plan:

The organizers intend to conduct similar two more seminars in year 2020 and 2021. The outcome of the three deliberations would be published as a standard protocol using Homoeopathy and Auxiliary therapies.

The approach to treatment should be patient centric. If we think small, we will have little hope to offer cancer patients, But if we think big; think collectively and positively and with open minds we will have better, wider and safer options to help them overcome pain and emerge-stronger, livelier and happier! With this vision behind ISHATO2019, the three day seminar concluded.