

Miasmatic expression in Leucorrhoea

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Abstract

Leucorrhoea is a thick whitish, yellowish or greenish discharge from the vagina of the female that may be normal or that may be a sign of infection. It is mucus discharge which represents desquamation of vaginal epithelial cell because of the effects of the Estrogen on the vaginal mucosa. It is important to distinguish leucorrhoea from pathological discharge. A study aimed to the females presenting leucorrhoea is more likely to be normal or infectious. Homoeopathy has a significant role in treatment of leucorrhoea.

Keywords: Desquamation, Leucorrhoea, Miasm.

Introduction:

Leucorrhoea literally means—something white running or flowing down. Flow of white or yellowish white discharge from the vagina of a female can be normal or it can be a sign of underlying infection. Hence It is important to distinguish between the two .The total health building scheme is essential for the removal of systemic toxicity which is responsible for the e leucorrhoea. The study aimed to examine whether the woman presenting with a primary complaint of vaginal discharge is more likely to be normal or infectious. Leucorrhoea is also very likely to be dysfunctional, in that in many cases it is not a true vaginal discharge but an increase in vaginal secretion. It is a symptom not a disease. Though the symptom may arise from a variety of constitutional or systemic conditions, it has its origin, in most instances, in some lesions of the reproductive organ. The vaginal discharge might be with no accompanying symptoms OR vaginal discharge may accompanied with symptoms like pelvic pain, irritation during urination, or passing of blood with urine, backache, pain in thighs & calf muscles. In Homoeopathy we believe that miasm is the cause of all chronic diseases so that the remedy chosen matches the underlying miasm. Dr. Hahnemann says in chronic diseases that we need to use anti-miasmatic remedies in order to cure chronic diseases. Leucorrhoea is a thick white or yellowish -white discharge from the vagina. It is associated with vulval itching. The symptom of excessive is subject one with individual variations. An increase in the amount of normal vaginal secretion is termed as Leucorrhoea .Any non-bloody {excluding urine

and stool}, non –irritant discharge per vagina severe enough to stain the under garments is called Leucorrhoea. ^[1]

“MIASMA” is a Greek word. It means stain, pollution, defilement. According to Hahnemann miasm means germ of disease. ^[2] This source or germ of suffering and death is positive, demonstrable & perfectly recognizable. ^[3]

1] Psoric leucorrhoea: Psora is not only the mother of all diseases, but it is the psoric element which gives the valuable concomitant symptom and furnishes the modalities and sensations which are true expressions of their sufferings. The psoric patients suffer considerable, probably much more than in the other stigmata, and with less apparent cause.

Character of discharge: Thin, moderately thick; whitish albuminous; odorless; usually watery; bland scanty. Leucorrhoea scanty, not exhausting, nothing peculiar about color.

Reaction: Neutral

Quantity: Profuse

2] Syctic leucorrhoea: Acrid leucorrhoea which weakens the patient, smells like fish brine.^[5] Mental weakness during leucorrhoea.

Character of discharge: Leucorrhoea thin looks like dirty green water, sometimes greenish yellow: scanty, acrid, producing biting or itching and burning of parts. Patient taking douches on account of odor and acidity of discharge.

Reaction: Alkaline remedy changed to the Nux vomica from Aurum met.

Quantity: Scanty, thin & stringy, not easily washed off.

3] Syphilitic leucorrhoea:

Character of discharge: Greasy in consistency; brownish white in color, offensive bland or acrid producing ulcers, fish brine.^[6]

Reaction: Acidic, excoriating with soreness, staining, erodes the linen.

Quantity: Copious

Homoeopathic Management:- Remedies for the treatment of leucorrhoea includes-
Psoric leucorrhoea

1. Alumina- leucorrhoea is profuse transparent and acrid and running down to the heels; more during day and better by cold bathing. Patient is exhausted after leucorrhoea and menses. Leucorrhoea with constipation and anemia.
2. Borax- Albuminous, starchy, very much hot as if warm water was flowing. Very much acrid leucorrhoea, lasting two weeks. Leucorrhoea white as mucus or like white of an egg.

3. Hydrastis Canadensis- There is thick yellowish ropy, stringy and viscid leucorrhoea, hanging from the os, in long strings. There is chronic catarrhal condition of the vulva. Leucorrhoea is worse after menses. It is offensive, acrid and excoriating. Excoriation and erosion of the cervix. Burning pain in vagina with soreness. Syctotic Leucorrhoea
 1. Bovista-It has pronounced leucorrhoea. Leucorrhoea ten days after menses. Very much acrid, thick, stringy, tenacious, the discharge may be like white of an egg or yellowish, green with soreness of vulva.
 2. Sepia-Yellowish, greenish with mucus itching, acrid leucorrhoea before menses causes soreness of pudenda.
 3. Pulsatilla-Leucorrhoea milky white with swollen vulva .Acrid burning and painless or with cutting pain in abdomen. While all the discharges are bland, leucorrhoea is acrid, excoriating and corrodes the vulva.

Syphilitic Leucorrhoea

1. Syphilinum-Yellow offensive leucorrhoea, very much offensive and profuse. It daily soaks through napkin with pain across the small of the back.
2. Ambra Grisea- Discharge of profuse, thick bluish white mucus especially or only at night, often associated with nymphomania.
3. Ammonium Muriaticum- Leucorrhoea is like white of an egg, preceded by gripping pain about the navel. There is also painless discharge of brown, slimy, mucus especially after every urination.

Conclusion-Leucorrhoea is a very common and most prevalent disease amongst the females. It relates more to the lifestyle and personal cleanliness & habits of the individual. Leucorrhoea due to specific or non- specific vaginitis is common in females especially in reproductive age. With the help of miasm we can cure the leucorrhoea.

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