

Homoeopathy In Gastritis

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Abstract

30 cases of ano-rectal disorders covering inclusion & exclusion criteria (haemorrhoids, fissure, and Ano-rectal abscess) are selected by simple randomized sampling method. Cases were collected from college OPD, Private OPD, Camps conducted by college, etc. cases are repertorized using Synthesis 9.0 repertory and remedy which is most similar to the case from the group of similar remedies is prescribed. The outcome assessment is judged on Verbal Analogue Scale for pain, & bleeding and discomfort. At the end, in each case, with subsequent follow up, cases were grouped as IMPROVED (cases with no pain & discomfort), RECOVERED (cases with little improvement), and NOT IMPROVED (cases with no improvement in pain & discomfort). For statistical analysis Verbal Analogue Pain Scale Score before and after the Homoeopathic remedy was used. Out of 30 cases, 29 cases were improved and 1 case was recovered with little improvement. Paired 't' test was used for final conclusion. Calculated value of 't' was 31.67 which is greater than table value of 't' at degrees of freedom 29 & at 5% L.O.S (which is 2.05).

Key words: Haemorrhoid, fissure, abscess, repertorization and paired t test.

Summary of thesis:

Aim: to study application of synthesis 9.0 repertory in cases of ano-rectal disorders.

Objectives:

- 1) To study application of synthesis 9.0 repertory in ano-rectal disorders.
- 2) To evaluate homoeopathic management of ano-rectal disorders.

Discussion:

The discipline of 'Repertory' is constantly progressing, rapidly advancing & ever-enlarging one which makes every learner to feel a necessity of upgrading the knowledge in this field. This fact is felt by everyone who works with the various types of cases with an ultimate desire to prescribe the similimum to each case reporting for the patients.

A large number of rubrics on Mind section were too much helpful for reaching towards similimum. While working with Rectum chapter, I found various peculiar symptoms which indicate single remedy. Specially dealing with cases of Haemorrhoids various cases if present with something peculiar in them, such as haemorrhoids with irritability – only nux vom., haemorrhoids with heart complaints- coll., Haemorrhoids with pain in lower limb (sciatica)- Aesc., and so on. This helped me for eliminating the other remedies from the group of indicated remedies. These rubrics can be taken in PDF.

For cases of fissure and abscess (ano-rectal) very few rubrics are given in this repertory but as the number of medicines present in the general rubrics such as RECTUM- FISSURE & RECTUMABSCESS are large enough to keep aside biases about remedies. As far as the case taking is considered, when we ask concern of patients for disease condition, his reaction to the disease condition & adaptation of patient to that disease condition, it becomes easy to differentiate an individual from another person.

case taking gives me large number of mental generals, particulars & physical generals. Such cases full with all these three (mental generals, physical generals & particulars) can be very nicely solved using Synthesis Repertory. When medicine is given considering an individual as a whole (constitutional), medicine will always gives wonderful results, Synthesis Repertory helped in this by all its way. Anal digital examination was used for diagnoses of cases for which no extra expenses were required. Hence it was affordable for all patients. When we treat and patient reports with good improvement in their disease condition, the satisfaction we get at that time is invaluable.

Summary:

A case series study is an objective report of a clinical characteristic or outcome from a group of clinical subjects.

Here I have studied the cases of ano-rectal disorders (Haemorrhoids, Ano-rectal abscess, fissure) which have symptoms pain, bleeding & discomfort. Outcome was judged on basis of pain rating verbal analog scale.

This is a case series study of 30 cases, which were repertorized using Synthesis 9.0 repertory. All these cases were collected from college OPD & private practice & camps conducted by college, & peripheral OPD. Samples were collected by simple randomized method. All remedies were given after repertorization through Synthesis repertory. Final selection of remedy was done with reference to Materia Medica. Patients are advised to have regular interval meals, walking & yoga & drink plenty of water. While conducting this study, a detailed study of chapter rectum was done. Out of 30 cases 29 cases were improved showing applicability of Synthesis 9.0 repertory in management of ano-rectal disorders.

All the observations are shown in the form of pictures & suitable diagrams. Various literatures were studied for better understanding of the subject. Paired 't' test was used for statistical analysis of data, test was applied on data available, it proved our hypothesis that "synthesis 9.0 repertory is applicable in cases of ano-rectal disorders."

Conclusion:

After studying this case series it is proved that Synthesis 9.0 Repertory is applicable in cases of anorectal disorders.

Those cases which are full of mental generals and physical generals & particulars with peculiarities can be nicely managed using this Synthesis 9.0 repertory.

Homoeopathy is effective in management of acute painful conditions of ano-rectal disorders. Even bleeding episodes can also be arrested with Homoeopathy.

Those cases which are said to be required surgical interventions in other modes of treatment can be managed gently using Homoeopathy. Thus Homoeopathy keeps away Surgeon's knife.

This is a minor scale study. A comparative study of two Repertories one Synthesis and other Clinical or Regional repertory can be done on large scale for proving efficacy synthesis repertory.

There are various rubrics present in Synthesis Repertory for cases of haemorrhoids, which readily differentiate the case from other cases.

Though few rubrics are given for fissure & ano-rectal abscess in this repertory the size of rubric is quite large to keep away biases.

This study proves that constitutional remedy which is selected on basis of symptom similarity is the best remedy for that case.